Simikot Kailash Manasarovar Tibet Trekking

Nepal, Tibet, China / Tibet Trek | Trekking package



Your journey at a glance

Duration: 18 days

Trip grade: Challenging

Maximum altitude: 5600 m

Best season: May to October

Group size: 1 - 20

Route: Kathmandu - Kathmandu

Price from: USD 4,500.00 per adult

Accommodation: Hotels and guest houses, with tent camps during the Nepal trekking route and at Lake Manasarovar and the Kailash region.

Transportation: Flights from Kathmandu to Nepalgunj and Simikot; trekking from Simikot towards Hilsa; road transport in Tibet and from Kerung to Kathmandu.

Meals: Meals as listed in the itinerary; breakfast, lunch and dinner are specified on trekking and Tibet travel days.

Package overview

Mount Kailash is a mysterious mountain for travellers and a sacred place for Buddhist, Hindu and Bonpo devotees. It is regarded as the abode of Lord Shiva. Mount Kailash and Lake Manasarovar are situated at approximately 4,500 metres above sea level on the Tibetan Plateau. The region is associated with the source rivers of South Asia, including the Indus, Sutlej, Brahmaputra and Karnali. Despite its barren and dry landscape, the mountain and lake have a strong attraction for devotees and visitors.
The journey starts from Simikot and travels through Yari, across Nara La Pass, and down to the Humla Karnali River to reach the border village of Hilsa and Khojarnath. Continue to Taklakot (Purang), the region’s trading centre. The green and wet monsoon landscape gives way to the dry, cold and sunny plateau, with deep-blue skies and scattered clouds. From Taklakot, drive to Lake Manasarovar and onward to Darchen. After the walk around Mount Kailash, drive back towards the Kerung border in Tibet and Rasuwagadhi in Nepal for the return journey to Nepal.

Option
Price

Price per person
USD 4,500

Route note: The supplied description also says that travel via Lhasa is possible instead of crossing the Kerung border; travellers are asked to advise the operator if they prefer that route.

Day-by-day itinerary

Day 1 - Arrival in Kathmandu

Arrive in Kathmandu, transfer to the hotel and attend the tour briefing. Welcome dinner in the evening.

Meals: D
Accommodation: Hotel
Altitude: 1,350 m

Day 2 - Kathmandu sightseeing

After breakfast, visit Pashupatinath, Boudhanath and Swayambhunath. After lunch, prepare for the trip.

Meals: B
Accommodation: Hotel

Day 3 - Fly from Kathmandu to Nepalgunj

After breakfast, transfer to the airport and fly from Kathmandu to Nepalgunj. Transfer to the hotel on arrival.

Meals: B, L, D
Accommodation: Hotel
Travel time: About 55 minutes flight

Day 4 - Fly from Nepalgunj to Simikot

Take an early-morning flight from Nepalgunj to Simikot. Rest and acclimatize, explore the local villages and enjoy the surrounding views.

Meals: B, L, D
Accommodation: Guest house
Altitude: 2,910 m
Travel time: About 45 minutes flight

Day 5 - Trek from Simikot to Dharapani

After breakfast, begin the trek from Simikot to Dharapani.

Meals: B, L, D
Accommodation: Tent camp
Altitude: 2,340 m
Walking / trekking: About 5 hours

Day 6 - Trek to Salli Khola

Trek from Dharapani to Salli Khola.

Meals: B, L, D
Accommodation: Tent camp
Altitude: 2,750 m

Day 7 - Trek to Muchu

Trek to Muchu. Visit the monasteries at Palbang on the way.

Meals: B, L, D
Accommodation: Tent camp
Altitude: 3,120 m
Walking / trekking: About 5 hours

Day 8 - Trek to Sipsip

Trek from Muchu to Sipsip. The source lists elevations of 4,350 m and 4,650 m for this stage.

Meals: B, L, D
Accommodation: Tent camp
Altitude: 4,350 m / 4,650 m
Walking / trekking: About 5 hours

Notes: The source provides both 4,350 m and 4,650 m for this stage.

Day 9 - Trek to Hilsa and drive to Taklakot (Purang)

Trek towards Sher, cross Nara La Pass (4,650 m) and descend to Hilsa. Complete Nepal–China border formalities, meet the Tibetan guide and vehicle, and transfer to Purang (Taklakot, 3,800 m).

Meals: B, L, D
Accommodation: Himalayan Hotel
Altitude: 4,650 m
Travel time: About 1 hour drive
Walking / trekking: About 4 hours walking

Notes: The source estimates about one hour for Nepal–China customs formalities.

Day 10 - Drive from Purang to Lake Manasarovar

Drive from Purang to Lake Manasarovar via Rakshas (Demon) Lake. In the afternoon, visit Chu Monastery and the hot spring.

Meals: B, L, D
Accommodation: Tent camp beside Lake Manasarovar
Travel time: 78 km / about 2 hours

Day 11 - Lake Manasarovar to Darchen

Spend the morning at Lake Manasarovar for spiritual activities. Drive to Darchen and, after lunch, explore the developing town and observe Tibetan life. Prepare for the Kailash Kora.

Meals: B, L, D
Accommodation: Hotel Himalayan
Altitude: 4,600 m
Travel time: 30 km / about 1 hour

Day 12 - Trek to Diraphuk

Drive to Shershong and begin the trek to Diraphuk. Pass Tarboche, an important place for Tibetan pilgrims and the Shakadawa festival in May. Continue beside the river, with views of the west face of Kailash, and reach Diraphuk for a view of the north face. Visit Diraphuk Gompa.

Meals: B, L, D
Accommodation: Tent camp
Altitude: 4,800 m
Walking / trekking: 4–5 hours

Notes: The source gives both a drive to Shershong and the trek to Diraphuk.

Day 13 - Trek to Zuthulphuk via Dolma La Pass

Trek to Zuthulphuk crossing Dolma La Pass (5,600 m). This is described as the main day of the pilgrimage. Walk with other pilgrims and visit the spiritually significant Ice Lake, Gaurikunda, worshipped by Hindus and Buddhists.

Meals: B, L, D
Accommodation: Tent camp
Altitude: 5,600 m
Walking / trekking: 7–8 hours

Day 14 - Trek to Darchen and drive to Dongpa

After breakfast, complete an easy trek to Darchen. Have lunch and drive to Dongpa.

Meals: B, L, D
Accommodation: Hotel
Altitude: 4,610 m
Travel time: About 2 hours
Walking / trekking: About 3 hours

Day 15 - Drive to Kerung

Drive to Kerung.

Meals: B, L, D
Accommodation: Hotel
Altitude: 2,900 m

Day 16 - Kerung to Kathmandu

Drive from Kerung to Kathmandu via the Rasuwagadhi Nepal border. Complete Nepal–China customs formalities and transfer to the hotel in Kathmandu on arrival.

Meals: B, L
Accommodation: Hotel in Kathmandu
Travel time: About 180 km / 7 hours

Notes: The source notes that border formalities take some time.

Day 17 - Free day in Kathmandu

After breakfast, enjoy free time in Kathmandu and visit Thamel Market. Farewell dinner in the evening.

Meals: B
Accommodation: Hotel in Kathmandu

Day 18 - Departure from Kathmandu

After breakfast, transfer to the airport for departure. The trip concludes.

Meals: B

What is included

- Tibet–China visa, all permits and National Park fees for Nepal and Tibet.

- Sightseeing and monastery entrance fees as listed in the itinerary.

- Four nights' accommodation in a deluxe hotel in Kathmandu on a twin-sharing, bed-and-breakfast basis.

- Accommodation in twin-sharing rooms and tents as listed.

- All meals throughout the Tibet tour and Nepal treks.

- English-speaking guide, cooks, Sherpa staff, porters and camping equipment.

- Yaks to carry kitchen equipment during the Mount Kailash Kora.

- Flights: Kathmandu–Nepalgunj–Simikot.

- All transportation by tourist vehicle in Nepal and Tibet.

What is excluded

- Tips.

- Travel and medical insurance.

- Lunch and dinner in Kathmandu.

- Personal expenses.

Plan your journey

Prices, itinerary and availability may change. Contact our team to confirm travel dates, inclusions and final pricing.

https://ojhaholidays.com.np/package/simikot-kailash-manasarovar-tibet-trekking