Mera Peak Climbing

Nepal / Peak Climbing | Trekking package

Your journey at a glance

Duration: 17 days

Trip grade: Strenuous+

Maximum altitude: 6654 m

Best season: Autumn; Spring

Group size: 2 - 20

Route: Kathmandu - Kathmandu

Price from: USD 2,700.00 per adult

Accommodation: Deluxe hotel in Kathmandu; tea house / lodge and tented camp during the trek and climb

Transportation: Domestic flights between Kathmandu and Lukla; trekking and climbing on foot

Meals: Breakfast, lunch and dinner during the trek and climb, as listed in the itinerary

Package overview

Mera Peak is a mountain in the Mahalangur section of Nepal. Mera Peak Climbing takes you towards the summit of Mera Peak, which the supplied overview describes as 6,461 m (21,190 ft) and identifies as the highest trekking peak in Nepal. The climb is preferably undertaken in spring and autumn, when the source recommends these seasons for mountain views.

The climb is described in the supplied material as an adventurous objective that may be less challenging than some other trekking peaks for people with little or no mountaineering experience. The summit views listed in the source include Mount Everest, Lhotse, Makalu, Cho Oyu and surrounding Himalayan peaks.

Trip Details

Duration17 days

Location / RegionMahalangur Section, Everest Region, Nepal

Maximum altitude6,654 m (as stated in package heading)

Best seasonAutumn and Spring

DifficultyStrenuous+

Trekking typeTea house, camping trek and lodge

AccommodationDeluxe hotel in Kathmandu; tea house / lodge and tented camp during the trek and climb

Group sizeMinimum 2 people

Price Per Person

PackagePrice per person
Mera Peak Climbing – 17 daysUSD 2,700

Summit elevation: The source gives three different figures: 6,654 m in the package heading, 6,461 m in the overview and 6,476 m on Day 11. These source figures are retained for review before publication.

Day-by-day itinerary

Day 1 - Arrival in Kathmandu

Arrive at Kathmandu airport (approximately 1,300 m), meet the representative and transfer to the hotel. In the evening, attend the trek briefing and welcome dinner at a Nepali cultural restaurant.

Meals: Dinner
Accommodation: Deluxe hotel in Kathmandu
Altitude: 1,300 m
Travel time: Airport transfer

Day 2 - Kathmandu sightseeing and climbing preparation

After breakfast, visit Pashupatinath, Boudhanath and Swayambhunath temples. After lunch, prepare for the trip.

Meals: Breakfast
Accommodation: Deluxe hotel in Kathmandu
Altitude: Kathmandu
Travel time: Sightseeing by vehicle

Day 3 - Fly from Kathmandu to Lukla and trek to Chhuthang

Take the early flight to Lukla (2,800 m), meet the crew and begin trekking east. Pass small hamlets and enter the forest on the hillside below the Kalo Himal Ridge. The source cautions trekkers to stay with the group because several trails lead away from the main path.

Meals: Breakfast, lunch and dinner
Accommodation: Tea house / lodge at Chhuthang
Altitude: 3,020 m
Travel time: Flight approximately 45 minutes
Walking / trekking: Approximately 4–5 hours

Day 4 - Trek from Chhuthang to Tuli Kharka via Zatrawala Pass

Ascend the steep trail to Zatrawala Pass (4,600 m), with views of Numbur Himal, Kongdi Ri, Karyolang Peak and surrounding peaks. Continue along a level trail before descending to Tuli Kharka.

Meals: Breakfast, lunch and dinner
Accommodation: Tea house / lodge at Tuli Kharka
Altitude: 4,100 m; Zatrawala Pass 4,600 m
Walking / trekking: Approximately 5–6 hours

Day 5 - Trek from Tuli Kharka to Kothe

Follow a mixture of uphill and downhill trails through rhododendron, oak, pine and juniper forest. Enjoy views of Mera Peak and surrounding snow-capped peaks before descending to the Hinku River and climbing to Kothe.

Meals: Breakfast, lunch and dinner
Accommodation: Tea house / lodge at Kothe
Altitude: 4,182 m
Walking / trekking: Approximately 6–7 hours

Day 6 - Trek from Kothe to Thangnak

Follow the Hinku River ridge towards Gondishung and pass Lungsumgba Gompa, described in the source as approximately 200 years old. Continue on a relatively easy trail to the summer grazing area of Thangnak, where shops and tea houses are available.

Meals: Breakfast, lunch and dinner
Accommodation: Tea house / lodge at Thangnak
Altitude: 4,326 m
Walking / trekking: Approximately 4–5 hours

Day 7 - Trek from Thangnak to Khare

Cross the lateral moraine towards Hinku Nup and Shar Glaciers, then climb steeply to Khare. Enjoy views of the north face of Mera Peak.

Meals: Breakfast, lunch and dinner
Accommodation: Tea house / lodge at Khare
Altitude: 5,000 m
Walking / trekking: Approximately 5–6 hours

Notes: The source says an extra acclimatization day at Khare follows.

Day 8 - Acclimatization and rest at Khare

Spend the day resting and acclimatizing at Khare. Explore the surroundings while the Sherpa team checks climbing equipment, including ropes, ice axes, crampons, harnesses and other gear.

Meals: Breakfast, lunch and dinner
Accommodation: Tea house / lodge at Khare
Altitude: Khare, above 5,000 m
Travel time: Rest and acclimatization

Day 9 - Trek to Mera Peak Base Camp

Leave Khare and trek over Mera Glacier, climbing steeply towards the top of the glacier before traversing to Mera Peak Base Camp. The Sherpa crew sets up camp and prepares for the next stage.

Meals: Breakfast, lunch and dinner
Accommodation: Tented camp at Mera Peak Base Camp
Altitude: 5,300 m
Walking / trekking: Approximately 3–4 hours

Day 10 - Trek to Mera High Camp

Climb over Mera La Pass and continue along a rocky, often snow-covered trail to Mera Peak High Camp. The Sherpa crew sets up camp and checks the group’s health and climbing equipment. Enjoy views of Everest, Makalu, Nuptse, Cho Oyu, Baruntse and Chamlang.

Meals: Breakfast, lunch and dinner
Accommodation: Tented camp at Mera High Camp
Altitude: 5,700 m
Walking / trekking: Approximately 3–4 hours

Day 11 - Summit Mera Peak and descend to Khare

Start early, around 2:00 a.m., to climb the glacier and ridge with the climbing guide. The itinerary describes the summit elevation as 6,476 m and lists views of Everest, Cho Oyu, Makalu, Kanchenjunga, Nuptse and Chamlang. After time at the summit, descend by the same route to Khare.

Meals: Breakfast, lunch and dinner
Accommodation: Tea house / lodge at Khare
Altitude: 6,476 m (Day 11 source figure)
Travel time: Early morning start
Walking / trekking: Summit day: approximately 8–9 hours

Notes: Source altitude conflict: package heading gives 6,654 m; overview gives 6,461 m; Day 11 gives 6,476 m. Verify before publishing.

Day 12 - Reserve day for weather or other delays

Keep this day in reserve in case bad or unfavourable weather prevents the planned summit attempt. If the climb proceeds as planned, the source says the day may be used to begin the return trek at a relaxed pace.

Meals: Breakfast, lunch and dinner
Accommodation: Accommodation as arranged by the climbing team
Altitude: Khare / return route as applicable
Travel time: Reserve / contingency day

Day 13 - Trek from Khare to Kothe

Retrace the route from Khare through Thangnak and continue towards Kothe. The trail is mostly downhill, descending from the high-altitude area into forest of rhododendron, oak, pine and birch.

Meals: Breakfast, lunch and dinner
Accommodation: Tea house / lodge at Kothe
Altitude: Kothe
Walking / trekking: Approximately 5–6 hours

Day 14 - Trek from Kothe to Tuli Kharka

Ascend through dense rhododendron forest along the western section of the Hinku Valley towards Tuli Kharka. Enjoy views of Mera North, Mera Central and the south face of Mera Peak.

Meals: Breakfast, lunch and dinner
Accommodation: Tea house / lodge at Tuli Kharka
Altitude: Tuli Kharka
Walking / trekking: Approximately 5–6 hours

Day 15 - Trek from Tuli Kharka to Lukla via Zatrawala Pass

Make the final trekking-day ascent to Zatrawala Pass and descend to Lukla. In the evening, celebrate the successful completion of the trek with the crew.

Meals: Breakfast, lunch and dinner
Accommodation: Tea house / lodge in Lukla
Altitude: Lukla
Walking / trekking: Approximately 6 hours

Day 16 - Fly from Lukla to Kathmandu

Take an early morning flight from Lukla to Kathmandu and transfer to the hotel. The supplied itinerary also mentions a half-day visit to Pashupatinath and Boudhanath, leisure time and a farewell dinner.

Meals: Not specified in the supplied itinerary
Accommodation: Deluxe hotel in Kathmandu
Altitude: Kathmandu
Travel time: Domestic flight; half-day sightseeing mentioned

Day 17 - Final departure

After breakfast, transfer to the airport for departure.

Meals: Breakfast
Altitude: Kathmandu
Travel time: Airport transfer

What is included

- Airport pick-up and drop-off on arrival and departure in Kathmandu by private car, van or bus.

- Three nights in a deluxe hotel in Kathmandu with breakfast as per the programme.

- Mera Peak climbing permit fee.

- Makalu Barun National Park entrance fee.

- Full-board food during the trek and climb: breakfast, lunch and dinner, with tea / coffee and seasonal fresh fruits.

- High-altitude climbing leader (Sherpa guide) licensed by the Nepal Mountaineering Association (NMA).

- Experienced English-speaking assistant guide if the group size exceeds four people.

- Necessary porters to and from Base Camp.

- Group climbing equipment, including ropes, ice screws, snow bars, harness, carabiner and figure-eight device.

- Domestic flights Kathmandu–Lukla–Kathmandu for guests and guide, including taxes and transfers.

- Satellite phone.

- Assistance with rescue and evacuation arrangements in a worst-case situation.

- Sleeping bag, down jacket, duffel bag and area map.

- First-aid medical kit and oximeter for checking pulse, heart rate and oxygen saturation at higher altitude.

- All applicable government taxes and organisational requirements.

- Farewell dinner in Kathmandu at a typical Nepali restaurant.

What is excluded

- Nepal visa fee (the source lists USD 25 for 15 days and USD 40 for 30 days).

- International flights to and from Nepal.

- Travel insurance, including emergency evacuation while trekking or climbing.

- Personal climbing gear.

- Personal expenses such as laundry, telephone and internet / mail.

- Bar and beverage bills.

- Meals and additional accommodation nights in Kathmandu beyond those stated in the itinerary.

- Tips for guide, porter and driver.

Plan your journey

Prices, itinerary and availability may change. Contact our team to confirm travel dates, inclusions and final pricing.

https://ojhaholidays.com.np/package/mera-peak-climbing