Gokyo Renjo-La Pass Trek

Nepal / Everest Region | Trekking package



Your journey at a glance

Duration: 17 days

Trip grade: Moderate

Maximum altitude: 5366 m

Best season: March–May, October–December

Group size: 1 - 20

Route: Kathmandu - Kathmandu

Price from: USD 1,900.00 per adult

Accommodation: Three nights in a deluxe Kathmandu hotel and best available tea-house lodges during trekking.

Transportation: Kathmandu–Lukla–Kathmandu flights, airport transfers and all necessary transportation.

Meals: All meals during trekking; Kathmandu meals as specified in the inclusions and exclusions.

Package overview

Gokyo Renjo-La Pass Trek is an adventurous trekking route in the Everest region. The supplied overview highlights the spectacular mountain scenery and the Ngozumpa Glacier, described as the largest Himalayan glacier in Nepal. From a ridge above Gokyo, views are available of Lhotse, Makalu, Cho Oyu and Mount Everest, four of the world’s highest mountains.
The trek follows the route through Lukla and Namche Bazaar to Gokyo. After crossing Renjo-La Pass, the trail enters the peaceful Bhote Koshi Valley, a historic trade route towards the Tibetan border north of Nagpa La Pass. The return route passes through Thame, Namche Bazaar and Lukla.

Day-by-day itinerary

Day 1 - Arrival in Kathmandu

Arrive at Kathmandu airport and transfer to the hotel. Attend the evening briefing and welcome dinner at a Nepali cultural restaurant.

Meals: D
Accommodation: Hotel in Kathmandu
Altitude: 1,350 m

Day 2 - Kathmandu sightseeing

After breakfast, enjoy a sightseeing tour of Pashupatinath and Boudhanath in Kathmandu.

Meals: B
Accommodation: Hotel in Kathmandu
Walking / trekking: Half-day sightseeing

Day 3 - Fly to Lukla and trek to Phakding

Fly to Lukla (2,828 m), approximately 35 minutes, and begin the trek to Phakding (2,780 m).

Meals: B, L, D
Accommodation: Lodge in Phakding
Altitude: 2,828 m / 2,780 m
Travel time: About 35-minute flight
Walking / trekking: 3–4 hours

Day 4 - Trek to Manjo

Take a short trek to Manjo (2,900 m). After lunch, explore Manjo village, its monasteries, the river and the national park entry gate.

Meals: B, L, D
Accommodation: Lodge in Manjo
Altitude: 2,900 m
Walking / trekking: About 3 hours

Day 5 - Trek to Namche Bazaar

Trek along the river and climb towards Namche through pine forest. On the way uphill from Top Danda, enjoy the first glimpses of Everest, Lhotse, Ama Dablam, Tengboche and Kongde.

Meals: B, L, D
Accommodation: Lodge in Namche Bazaar
Altitude: 3,440 m
Walking / trekking: About 4 hours

Day 6 - Namche Bazaar acclimatization day

After breakfast, climb to Everest View Hotel and enjoy panoramic views of Everest and other snow-capped peaks. Walk down to Khumjung and Khunde, the largest Sherpa settlements. Visit Hillary School, Khunde Hospital and Khumjung Monastery, then return to Namche for lunch and rest.

Meals: B, L, D
Accommodation: Lodge in Namche Bazaar
Altitude: 3,880 m at Everest View Hotel
Walking / trekking: Acclimatization hike and village visit

Day 7 - Trek to Phortse Tenga

Trek to Phortse Tenga (3,690 m).

Meals: B, L, D
Accommodation: Lodge in Phortse Tenga
Altitude: 3,690 m
Walking / trekking: 3–4 hours

Day 8 - Trek to Dole

Trek to Dole (4,200 m). After lunch, climb the nearby ridge for acclimatization.

Meals: B, L, D
Accommodation: Lodge in Dole
Altitude: 4,200 m
Walking / trekking: 3–4 hours

Day 9 - Trek to Machhermo

Trek to Machhermo (4,470 m). After lunch, climb the ridge and visit the hospital and porter shelter.

Meals: B, L, D
Accommodation: Lodge in Machhermo
Altitude: 4,470 m
Walking / trekking: 4–5 hours

Day 10 - Trek to Gokyo and lakeside walk

Walk around the lake and enjoy views of the glacier and mountains. The supplied text gives 4–5 hours for this walk but does not provide a separate Day 10 heading or a fuller route description.

Meals: B, L, D
Accommodation: Lodge in Gokyo
Walking / trekking: 4–5 hours (source fragment)

Notes: Day 10 heading was missing from the source. This entry uses the separate lake-walk sentence that was attached to Day 9.

Day 11 - Gokyo Ri excursion

Early in the morning, climb Gokyo Ri (5,366 m) for panoramic views of four mountains above 8,000 m, including Everest, Makalu, Lhotse and Cho Oyu, as well as Ama Dablam and the Gokyo Lakes. After lunch, walk towards the Fifth Lake or relax in the afternoon.

Meals: B, L, D
Accommodation: Lodge in Gokyo
Altitude: 5,366 m
Walking / trekking: Early morning climb; duration not specified

Day 12 - Trek to Lungden via Renjo La Pass

Start early and trek towards Renjo La Pass (5,345 m). Enjoy panoramic views of Everest, Makalu, Cho Oyu, Lhotse, Gokyo Lake and surrounding peaks from the pass, then continue to Lungden (4,380 m).

Meals: B, L, D
Accommodation: Lodge in Lungden
Altitude: 5,345 m / 4,380 m
Walking / trekking: About 7 hours

Day 13 - Trek to Thame

Trek to Thame (3,800 m) along the Bhote Koshi River valley, following the historic trekking and trade route towards Tibet. After lunch, visit Thame Monastery.

Meals: B, L, D
Accommodation: Lodge in Thame
Altitude: 3,800 m
Walking / trekking: About 4 hours

Day 14 - Trek to Manjo

Trek to Manjo (2,800 m).

Meals: B, L, D
Accommodation: Lodge in Manjo
Altitude: 2,800 m
Walking / trekking: About 6 hours

Day 15 - Trek to Lukla

Trek to Lukla (2,828 m).

Meals: B, L, D
Accommodation: Lodge in Lukla
Altitude: 2,828 m
Walking / trekking: About 5 hours

Day 16 - Fly back to Kathmandu

Fly back to Kathmandu (1,350 m). The day is free for leisure, followed by a farewell dinner in the evening.

Meals: B, D
Accommodation: Hotel in Kathmandu
Altitude: 1,350 m
Travel time: About 35-minute flight

Day 17 - Departure

After breakfast, transfer for departure. The trip concludes.

Meals: B

What is included

- Three nights in a deluxe Kathmandu hotel on a bed-and-breakfast basis.
- Best available lodge accommodation during the trek on a twin-sharing basis.
- All meals during trekking.
- Government-licensed trekking guide.
- Required porter; guide and porter wages and insurance.
- All necessary transportation and Kathmandu–Lukla–Kathmandu flight tickets.
- First-aid kit.
- Half-day sightseeing tour in Kathmandu.
- Arrival and departure transfers.

What is excluded

- Travel and medical insurance.
- Lunch and dinner in Kathmandu.
- Tips for the guide, porter and other related staff.
- Beverages, mineral water and extra services.

Plan your journey

Prices, itinerary and availability may change. Contact our team to confirm travel dates, inclusions and final pricing.

https://ojhaholidays.com.np/package/gokyo-renjo-la-pass-trek