Ghorepani Poon Hill Trek

Nepal / Annapurna Region | Trekking package



Your journey at a glance

Duration: 9 days

Trip grade: Introductory Trekking

Maximum altitude: 3210 m

Best season: September–May

Group size: 1 - 20

Route: Kathmandu - Kathmandu

Price from: USD 1,200.00 per adult

Accommodation: Deluxe hotels in Kathmandu and Pokhara; lodges during the trek.

Transportation: Kathmandu–Pokhara return flights, road transfer to Nayapul, Nayapul–Pokhara road transfer and other required ground transportation.

Meals: Meals as specified in the itinerary and included services.

Package overview

Annapurna Ghorepani Poon Hill Trek is one of the short treks in Nepal. The route follows a well-trodden trail through lush forest and Himalayan settlements of diverse ethnic groups. The altitudinal range and temperate climate against the Himalayan backdrop make the region a naturalist’s destination.
From Poon Hill, the panoramic views of Dhaulagiri, Annapurna, Machhapuchhre, Manaslu and other mountains, along with the Kali Gandaki gorge, are a highlight of the trek.

Day-by-day itinerary

Day 1 - Arrival in Kathmandu

Arrive at Kathmandu airport and transfer to the hotel (1,350 m). Attend the trekking briefing in the evening, followed by a welcome dinner at a Nepalese cultural restaurant.

Meals: Dinner
Accommodation: Hotel
Altitude: 1,350 m

Day 2 - Kathmandu sightseeing and trek preparation

After breakfast, visit Pashupatinath, Boudhanath and Swayambhunath temples. After lunch, prepare for the trek.

Meals: Breakfast
Accommodation: Hotel

Day 3 - Fly to Pokhara and trek to Tikhedhunga

Fly from Kathmandu to Pokhara and enjoy views of the Langtang, Ganesh Himal, Manaslu, Annapurna and Dhaulagiri ranges. Drive 42 km to Nayapul and trek via Birethanti, Burundi Khola, Sudame, Mathathati and Hille to Tikhedhunga (1,540 m).

Meals: Breakfast
Accommodation: Lodge

Altitude: 1,540 m
Travel time: Kathmandu–Pokhara flight; 42 km drive to Nayapul
Walking / trekking: About 3 hours

Day 4 - Trek from Tikhedhunga to Ghorepani

Descend briefly to the river, then climb towards Ulleri, a Magar and Gurung settlement. Continue through rhododendron forest via Nangethati to Ghorepani (2,850 m).

Meals: Breakfast
Accommodation: Lodge
Altitude: 2,850 m
Walking / trekking: About 6 hours

Day 5 - Trek from Ghorepani to Tadapani via Poon Hill

Climb early to Poon Hill (3,210 m) for sunrise views of Dhaulagiri, Annapurna I, Machhapuchhre, Hiunchuli, Nilgiri and Annapurna South. Return to Ghorepani for breakfast and continue to Tadapani (2,660 m).

Meals: Breakfast
Accommodation: Lodge
Altitude: 3,210 m at Poon Hill
Walking / trekking: About 5 hours

Day 6 - Trek to Ghandruk

Trek downhill through rhododendron forest to Ghandruk (1,950 m), a large Gurung village known for its culture and heritage. After lunch, visit the old village and cultural museum.

Meals: Breakfast, Lunch and Dinner
Accommodation: Lodge
Altitude: 1,950 m
Walking / trekking: About 3 hours

Day 7 - Trek from Ghandruk to Pokhara

Descend towards Birethanti and continue to Nayapul. Drive from Nayapul to Pokhara and stay at a hotel.

Meals: Breakfast
Accommodation: Hotel in Pokhara
Altitude: 900 m

Travel time: Nayapul–Pokhara drive
Walking / trekking: About 3 hours

Day 8 - Fly from Pokhara to Kathmandu

After breakfast, fly to Kathmandu (1,350 m), transfer to the hotel and enjoy free time. Farewell dinner in the evening.

Meals: Breakfast
Accommodation: Hotel in Kathmandu
Altitude: 1,350 m
Travel time: Pokhara–Kathmandu flight

Day 9 - Departure

After breakfast, transfer for departure. The trip concludes.

Meals: Breakfast

What is included

- Arrival and departure transfers.

- Three nights of deluxe hotel accommodation in Kathmandu and one night in Pokhara, on a twin-sharing bed-and-breakfast basis.

- Kathmandu–Pokhara–Kathmandu flight tickets.

- All required transportation.

- Best available lodge accommodation during the trek.

- All meals (lunch, dinner and breakfast) as included in the trek programme.

- Government-licensed trekking guide.

- Required porter services and staff wages.

- Insurance.

- Required permits.

What is excluded

- Tips.

- Beverages.

- Lunch and dinner in Kathmandu and Pokhara.

- Travel and medical insurance.

- Extra services.

Plan your journey

Prices, itinerary and availability may change. Contact our team to confirm travel dates, inclusions and final pricing.

https://ojhaholidays.com.np/package/ghorepani-poon-hill-trek